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# Abdominal pain Assessment Questionnaire

## Questions Your Doctor May Ask - and Why!

During a consultation, your doctor will use various techniques to assess the symptom: Abdominal pain. These will include a physical examination and possibly diagnostic tests. (Note: A physical exam is always done, diagnostic tests may or may not be performed depending on the suspected condition) Your doctor will ask several questions when assessing your condition. It is important to openly share any pertinent information to help your doctor make an accurate diagnosis.

It is also very important to bring an up-to-date list of all of your all medical conditions, medications including dosages, and names of numbers of any specialist you see.

Create your printable checklist by answering questions that your doctor may ask below:

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1. When did pain start
2. How often does the pain occur?
3. Where is the pain located?
4. What is the nature of the pain?
5. Does the pain radiate to other areas?
6. What makes the pain worse?
7. What makes the pain improve?
8. Have you had any recent surgery?
9. What medications are you on?
10. Have you been traveling overseas recently?
11. Alcohol history?
12. Sexual history?
13. History of intravenous drug use?
14. Family history of bowel cancer or inflammatory bowel disease

15. Can you describe the pain?
16. Have you ever had pain like this before?
17. How long have you been experiencing the pain?
18. Does the pain "come and go" or is it constant?
19. Have you experienced any change in bowel habit?
20. Have you noticed any blood in your stool or black stools?
21. When was your last menstrual period and could you be pregnant?
22. Have you noticed any swelling of your abdomen?
23. Have you been involved in any trauma, "knocks" or other injuries recently?
24. Have you ever been told that you had splenomegaly or an enlarged spleen?
25. Have you ever had a gastric ulcer, duodenal ulcer or peptic ulcer before?
26. Do you drink alcohol or have you drunk much of it recently?
27. Have you ever had gallstones?
28. Is the pain related to eating?
29. Does your pain move anywhere, or do you have any pain outside of your abdomen?
30. Have you experienced any fevers or "shakes" like you feel very cold (rigors)?
31. Do you take any medications, particularly steroids, ibuprofen or aspirin?
32. Are your immunizations up to date, particularly to mumps? Do you know if you have been near anyone recently who has had mumps?
33. Have you ever been diagnosed with any autoimmune disease, particularly polyarteritis nodosa? Have you recently noticed any weight loss, joint pain (arthralgia), just feeling unwell (malaise), blood in your urine (hematuria), chest pain, shortness of breath (dyspnoea) or loss of sensation or movement (mononeuritis multiplex, polyneuropathy)?
34. Have you recently undergone any surgical procedures?

35. Have you been recently exposed to low temperatures or experienced hypothermia? Have you ever been told that you have high cholesterol or blood lipids (hyperlipidemia)?
36. Have you ever been told that you have high blood calcium (hypercalcemia), or have you recently experienced renal colic, renal stones/kidney stones, significant confusion, weakness or weight loss?
37. Have you ever been told that you have diverticular disease or diverticulitis?
38. Can you tell me a little about your usual diet?
39. Have you had any nausea or vomiting, and if so has it caused any relief from your pain?
40. Have you ever been told that you have irritable bowel syndrome?
41. Has anyone you know been ill recently?
42. Have you ever had heart disease, angina, chest pain, or a myocardial infarction?
43. Has your urine been an unusual colour or smell recently?
44. Have you experienced any recent weight loss or decrease in appetite?
45. Is there any appetite change (see appetite changes?)
46. Is there any weight loss (see weight loss)
47. Is there any nausea or vomiting (see nausea) (see vomiting)
48. Is there any heartburn (see heartburn) or reflux symptoms
49. Is there any difficulty with swallowing (see swallowing difficulty)
50. Is there any diarrhea (see diarrhea)
51. Is there any constipation (see constipation)
52. Is there any blood in the bowels (see bloody stool)
53. Is there any jaundice (see jaundice-like symptoms)
54. Is there any blood in the urine (see blood in urine)

55. Is there a fever (see fever)

56. Is there any abnormal vaginal bleeding (bleeding after menopause, bleeding in between the periods or bleeding after intercourse?)

57. Is there any vaginal discharge (see vaginal discharge)

58. Questions to establish if abdominal pain may be due to a condition outside the abdomen

### Conditions listing medical symptoms: Abdominal pain:

The following list of conditions have 'Abdominal pain' or similar listed as a symptom in our database. This computer-generated list may be inaccurate or incomplete. Always seek prompt professional medical advice about the cause of any symptom.

Select from the following alphabetical view of conditions which include a symptom of Abdominal pain or choose View All.

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